



## **Allen Temple Baptist Church**

Rev. Dr. Jacqueline A. Thompson, Senior Pastor

Rev. Dr. J. Alfred Smith, Sr., Pastor Emeritus

# **21-Day Prayer Consecration**

*“The Lord is my portion,” says my soul, “Therefore I wait for Him.” The Lord is good to those who await Him, to the person who seeks Him.*

*- Lamentations 3:24-25 (NASB)*

**January 2 - 22, 2023**

# How to Participate

**Follow along with the  
prayer prompts each day**

Pray for those concerns using  
the scriptures to inform your  
prayers.

**Consecrate by fasting**

You can also give up a  
treasured hobby, favorite  
food, or other activity.

# Guiding Scripture References for a Fast

## **Daniel 9:3; 10:2-3**

Daniel fasted before he received a vision

## **Acts 13:2-3, 14:23**

In Acts, church leaders fasted to know God's purpose and direction in ministry.

## **Matthew 4:2; Luke 4:1-2**

Jesus fasted before he began his ministry

## **Daniel Fast**

Eat no meat, no sweets, and no bread. Drink water or pure fruit juice. Eat fruits and vegetables.

## **Sacrificial Fast**

This fast involves giving up things like television, social media, unnecessary spending, or hobbies.

## **Partial Fast**

A partial fast is refraining from food during a certain window of time, for example from 6:00 am to 3:00 pm or from sunup to sundown.

## **Fasting Options\***

\*if you are unable to fast for any reason, you are still invited to pray with us daily!

# Tips for Success

## Pray about your fast

Ask God what you should give up during the time of consecration.

## Plan to pray

Identify a specific time each day that will be committed to prayer over and above your regular time of devotion then set a reminder in your phone or calendar app.

## Stay plugged in

Join us each week for the Wednesday Evening Prayer Call (check your Allen Temple Email for dial-in information) to get strength and inspiration for the journey.

# Tips for Success

## Get a partner

Buddy up with a friend who will hold you accountable and commit to the 21 days with you.

## Go with God

If you feel led to pray about something different than the daily prompt, do it!

## Keep going and expand

Use a Bible App such as YouVersion® or other resources like Daily Bread or Precepts for Living to get a scripture a day that you can use to springboard your time of prayer.

# Personal Prayers

Week  
1

## Monday, January 2

Pray to Seek God More

Matthew 6:33; 2 Chronicles 7:14; Psalm 27:4; Psalm 105:4; Isaiah 55:6; Jeremiah 29:12-13

## Tuesday, January 3

Pray for a Deeper Prayer Life

Luke 11:1-13; Psalm 18:6; Ephesians 6:18

## Wednesday, January 4

Pray for the Fruit of the Spirit to be  
Expressed in Your Life

Romans 8:14; Galatians 5:16; Galatians 5:22-23;  
Philippians 2:13

## Thursday, January 5

Pray for Greater Hunger for and  
Understanding of the Word of God

Psalm 119:169; Matthew 13:23; Joshua 1:8

# Personal Prayers

Week  
1

## **Friday, January 6**

Pray for Healthy Relationships

Romans 12:10, 18; 1 John 2:9-11

## **Saturday, January 7**

Pray for God's Wisdom

James 1:5; Proverbs 2:2-6

## **Sunday, January 8**

Pray for Strength and Endurance

Psalm 29:11; John 16:33; Jeremiah 17:7-8; 2 Corinthians 4:16-18; John 14:27; 1 Peter 5:6-10

# Prayers for our Church

Week  
2

## Monday, January 9

Pray for our Pastor and Leaders

Isaiah 11:2; Isaiah 54:17; Ephesians 6:10-18

## Tuesday, January 10

Pray for the Members of our Church

Ephesians 4:1-6; 2 Peter 1:3-8

## Wednesday, January 11

Pray for our Children, Youth, and Families

Psalm 115:13-15; Psalm 127:3; Proverbs 22:6; Ephesians 6:1-4

## Thursday, January 12

Pray for our Church Ministries

1 Samuel 12:24; Ephesians 2:10; Proverbs 16:3;  
Ephesians 3:20

# Prayers for our Church

Week  
2

## **Friday, January 13**

Pray for Giving and Resources

Luke 6:38; Philippians 4:19; Malachi 3:10; 2 Corinthians 9:10-11

## **Saturday, January 14**

Pray for Evangelism

Matthew 28:19-20; Acts 1:8; Acts 16:13–15; 2 Thessalonians 3:1; Acts 2:47

## **Sunday, January 15**

Pray for Community Impact

Matthew 5:16; Nehemiah 2; Hebrews 13:16

# Prayers for our Community

Week  
3

## Monday, January 16

Pray for Friends, Acquaintances, Work  
Colleagues, and Neighbors

3 John 1:2; 1 Samuel 12:23; John 6:44; Ephesians 1:18; 2  
Timothy 2:25

## Tuesday, January 17

Pray for Elected Officials and Civic  
Leaders (City, County, State, National)

Isaiah 1:17; Jeremiah 29:7; 1 Timothy 2:1-3; Proverbs  
31:9; Micah 6:8

## Wednesday, January 18

Pray for Business Leaders, the Economy,  
Livable Conditions in the Bay Area

Psalm 118:25; Psalm 122:7; Psalm 127:1-2

## Thursday, January 19

Pray for the Unsheltered and Root  
Causes of Homelessness

Deuteronomy 15:7; 1 Samuel 2:8; Psalm 12:5; Psalm  
140:12

# Prayers for our Community

Week  
3

## **Friday, January 20**

Pray for the Cessation of Violence and  
Wisdom to Address Root Causes

Psalm 4:8; Psalm 34:14 Psalm 140:1, 4; Psalm 147:14

## **Saturday, January 21**

Pray for God's Protection for the  
Vulnerable and Marginalized

Psalm 91; Psalm 146:9; Jeremiah 22:3

## **Sunday, January 22**

Offer Prayers of Praise and Thanksgiving

Psalm 7:17; Psalm 18:49; Psalm 33:1; Psalm 34:1; Psalm 92:1; Psalm 30:12