



**ALLEN TEMPLE BAPTIST CHURCH**  
**CENTER FOR**  
**BIBLICAL AND FAMILY STUDIES**  
**II TIMOTHY 2:15**

The Allen Temple Center for Biblical and Family Studies offers practical life enrichment and leadership classes coupled with advanced biblical and theological studies for persons interested in cultivating their spiritual growth and knowledge of God.

**SPRING SESSION**



For the Inward Journey

**Dr. Liza Rankow**

Classes: Mondays, March 6 – March 27, 2023  
(4 Sessions) 7:00pm – 8:30pm



Love Talk for Couples

**Dr. Carole McKindley-Alvarez**

Classes: Mondays, March 13 – April 24, 2023  
(6 Sessions) 6:30pm – 8:00pm



How to Think Theologically

**Dr. Oluwatobi Ife-Adediran**

Classes: Tuesdays, April 11 – May 16, 2023  
(6 Sessions) 6:30pm – 8:00pm

**Tuition Free! Register today at [www.allen-temple.org/News](http://www.allen-temple.org/News)**

For more information, please contact

Dr. Brenda Guess, (510)813-0690 or via email, [cbfs@allen-temple.org](mailto:cbfs@allen-temple.org)



**Dr. Jacqueline Thompson**  
Senior Pastor



**Dr. Brenda Guess**  
Educational Cluster Leader

In partnership with The Leadership Institute at Allen Temple



# THE ALLEN TEMPLE CENTER FOR BIBLICAL AND FAMILY STUDIES



## Spring Course Descriptions

### **For the Inward Journey**

The meditations of the great mystic, Howard Thurman are the focus of this course. Meditations that address the deepest needs and aspirations of the human spirit. Themes include: The Quest for Meaning, The Spiritual Discipline of Love, Deepening our Walk with God, and Living Into Our Growing Edges. Audio and video recordings of Dr. Thurman will help bring his presence into our midst.

*REQUIRED BOOK: Howard Thurman, For the Inward Journey (anthology).*

### **Love Talk for Couples**

We're not always the best at communicating our thoughts and feelings with our spouse. Discover the keys to great communication in your relationship! This class is designed to bring husbands and wives closer to each other and to God, as you study God's Word, share in your challenges and successes and develop tools that will help you build a marriage that will last forever.

*REQUIRED BOOK: Les & Leslie Parrott, Love Talk.*

### **How to Think Theologically**

This course offers an introductory method for thinking theologically, a process by which Christians can reflect upon their understanding of what it means to be Christian in thought and practice. "Faith seeking understanding" is the primary theme of How to Think Theologically, meaning, "that as theologians we seek to understand what we believe about the Christian message of God" (pp. 1, 9). This understanding applies to individuals and communities of faith.

*REQUIRED BOOK: Howard W. Stone and James O. Duke, How to Think Theologically, 3rd edition.*