

Sunday School Live Lesson

June 7, 2026

Deborah, the Dutiful Judge

Judges 4:4-10, 14, 21-22

1

Instructor: Ralph Gordon

Previous Sunday School Lesson

May 31, 2026

Living in the Christian Community

Matthew 28:18-20; Hebrews 10:22-25

2

Instructor: Reginald Lyles

**NEXT WEEK'S Sunday School Live
Lesson**

June 14, 2026

Hannah, the Faithful Supplicant

3

1 Samuel 1:9-20, 25b.

Instructor: Rev. Dr. Bonita Kitt

TODAY'S Sunday School Live Lesson

June 7, 2026

Deborah, the Dutiful Judge

Judges 4:4-10, 14, 21-22

4

Instructor: Ralph Gordon

Question To Consider

June 7, 2026

Who are the heroic women who come to your mind?

5

In your family.

In your church.

In the public sphere.

Sunday School Lesson Objective

June 7, 2026

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To fully understand how these mighty women – Deborah and Jael – carried out God’s missions.

Sunday School Lesson Segments – 1

June 7, 2026

1. Bibliography

2. Points of Information: Deborah

Sunday School Lesson Segments - 2

June 7, 2026

3. Lesson Context

4. Lesson Text

5. Remember These Things

Bibliography - 1

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Points of Information – Deborah

Deborah served in multiple roles for the ancient Nation of Israel: judge, civil leader, prophetess, and military commander.

13

Deborah was married to a man named Lappidoth who is mentioned only once in the Bible. Judges 4:4.

Points of Information – Deborah

Deborah was a woman of extreme wisdom, courage, and (most of all) devotion to God.

14

Following the massive military victory over the Canaanite army, Deborah uttered an enthusiastic and historic song of praise and gratitude to the Lord. Judges 5:1-31.

Deborah, the Dutiful Judge

Lesson Context

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The Book of Judges illustrates the repeated cycle of how the Israelites would disobey God, suffer His punishment through enemies, plead for mercy and then receive grace by the appointment of judges.

Today's lesson occurs in one of those cycles.

Deborah, the Dutiful Judge

Lesson Context – Deborah

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The Israelites now faced a massive and powerful army from their enemy, the Canaanites.

Deborah, the current judge of Israel, received a message from God for an army general named Barak.

Judges 4:4 [NIV]

Now Deborah, a prophet, the wife of Lappidoth, was leading Israel at that time.

Judges 4:5 [NIV]

She held court under the Palm of Deborah between Ramah and Bethel in the hill country of Ephraim, and the Israelites went up to her to have their disputes decided.

Judges 4:6 [NIV]

She sent for Barak son of Abinoam from Kedesh in Naphtali and said to him,

“The LORD, the God of Israel, commands you:

‘Go, take with you ten thousand men of Naphtali and Zebulun and lead them up to Mount Tabor.

Judges 4:7 [NIV]

I will lead Sisera, the commander of Jabin's army, with his chariots and his troops to the Kishon River and give him into your hands'.”

Judges 4:8 [NIV]

Barak said to her, “If you go with me, I will go; but if you don’t go with me, I won’t go.”

Judges 4:9 [NIV]

“Certainly, I will go with you,” said Deborah.

“But because of the course you are taking, the honor will not be yours, for the LORD will deliver Sisera into the hands of a woman.”

So Deborah went with Barak to Kedesh.

Judges 4:10 [NIV]

There Barak summoned Zebulun and Naphtali, and ten thousand men went up under his command.

Deborah also went up with him.

Judges 4:14 [NIV]

Then Deborah said to Barak, “Go! This is the day the LORD has given Sisera into your hands. Has not the LORD gone ahead of you?”

So Barak went down Mount Tabor, with ten thousand men following him.

Deborah, the Dutiful Judge

Lesson Context – Jael

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Following his defeat as the commander of the Canaanite army, Sisera fled to what he thought was a safe hiding place – the tent of an ally named Heber.

Heber's wife, Jael had other thoughts and plans.

Judges 4:21 [NIV]

But Jael, Heber's wife, picked up a tent peg and a hammer and went quietly to him while he lay fast asleep, exhausted.

She drove the peg through his temple into the ground, and he died.

Judges 4:22 [NIV]

Just then Barak came by in pursuit of Sisera, and Jael went out to meet him.

“Come,” she said, “I will show you the man you’re looking for.”

So he went in with her, and there lay Sisera with the tent peg through his temple – dead.

Remember These Things:

When a genuine message comes to you from the Lord, it is best to overcome your fear, uncertainty and doubt and obey what He wants you to do.

You can surely pray for that to happen.

Sunday School Live

June 7, 2026

You can reach us:

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